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# Body language lesson plan worksheet

## ESL Kids Craft Lesson Plans

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### Measuring Parts of the Body


<b>General:</b>
<b>Time:</b> 45 mins - 1 hour
<b>Objectives:</b>
<ul style="list-style-type: none"> <li>• Reciting parts of the body</li> <li>• Using large numbers (10 or over 10)</li> <li>• Comparing size (the tallest, the shortest, the longest)</li> </ul>
<b>Materials:</b>
<ul style="list-style-type: none"> <li>• "My Four Hair (hair/neck) I have ... on long..."</li> <li>• Head, shoulders, knees &amp; toes sheet</li> <li>• "I am tall / short / the tallest/shortest"</li> <li>• "I am long / short / the tallest/shortest"</li> <li>• Head, shoulders, knees &amp; toes sheet</li> <li>• Tally chart, ruler, tape measure, the longest / the shortest, feet, arms, nose, hands, legs, feet.</li> </ul>
<b>Target words:</b>
tall, short, long, the tallest, the shortest, the longest, centimeters (cm), feet, arms, nose, hands, legs, feet

#### You will need to download:

<b>Headbands:</b>	legs, feet, nose, hands, arms, face, eyes, ears, mouth, nose, hair, arms, hands,
<b>Printables:</b>	• Head, shoulders, knees & toes sheet
<b>Songs:</b>	• Measure yourself and your family worksheet

This can be downloaded at <http://www.eslkidstuff.com/ esl/kids/lesson-plans.html>

#### You will also need:

- Ruler or tape measure (one per pair of students) (activity # 8.20)
- Long string (approx. 22')
- Board with chalk or marker

• CD / Tape player / Computer or something to play the song on (activity #)

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## nosapo

### Body Language

The following is a lesson plan to be used for a class of about 12 people, it can easily be adapted for more or less people, and greater or less understanding of English Language.

**Purpose:** To learn about body language (nonverbal communication) and how to use body language effectively

**Materials:** Index cards or slips of paper, container

**Time:** 25-35 minutes

**Planning Note:** Write the objectives below on index cards. Add any you would like to include.

Angry	Sad	Bored
Disappointed	Happy	Welcome
Shy	Nervous	Calm
Afraid	Embarrassed	Confused
Exhausted	Excited	Lost

For Step 4: Place the index cards in the container so volunteers can draw them out one at a time.

For Step 5: On the board or on paper, draw a large chart like the one below for use.

NONVERBAL COMMUNICATION	
Feeling	Behavior

#### Procedure:

1. Remind participants that problems may occur in communicating when a sender's actions in some way contradict what the person says.
2. Ask if anyone knows the term, body language, and what it means. Clarify that body language means expressing feelings through body movement and facial expressions. Ask the group for several examples or give a couple of your own, such as smiling, shrugging shoulders, and rolling the eyes.
3. Explain that this activity will give the group a chance to practice communicating through body language.

Abstracted from: *Life Planning Education*, Advocates for Youth, Updated 2009 <http://nosapo.org>

## Lesson Plan in Science and Health

### Pre-School

#### I. Objectives

- At the end of the lesson the pupils should be able to:
- A. identify the different parts of the body.
  - B. appreciate the importance of each part of the body.
  - C. give the function of the different parts of the body.

#### II. Subject Matter

##### A. Unit I- Health

Lesson: Parts of the Body

##### B. Materials

Pictures; Chart

##### C. References

My Practice Book Science p. 2  
Rufino Magtoto Glanad (Registered Social Worker)

##### D. Science Processes

Observing, Describing, Identifying, Inferring, Classifying

##### E. Science Concept

Physical Health and Ability Development

##### F. Value

Thank God for the special parts of our body to enjoy things around.

#### III. Methodology

Teacher's Activity	Pupil's Activity
<b>A. Preliminary Activities</b>	
1. Prayer Let us Pray.	Our Father.
2. Greetings Good morning class! You may now take your seats.	Good morning teacher; good morning classmates
3. Checking of Attendance Is there anybody absent today?	
4. Motivation We will sing a song Head, Shoulders, Knees and Toes	
Head, shoulders, knees and toes Knees and toes Head, shoulders, knees and toes Knees and toes Eyes and Ears and Mouth and Nose Head, shoulders, knees and toes Knees and toes. (Repeat)	Head, shoulders, knees and toes Knees and toes Head, shoulders, knees and toes Knees and toes Eyes and Ears and Mouth and Nose Head, shoulders, knees and toes Knees and toes. (Repeat)



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